

dojang

STUDIO MARTIAL ARTS TRAINING

A PLACE TO STUDY THE WAY

KITSILANO

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	Sunday
9:00 – 10:00am	Personal Training	Personal Training	Personal Training	Personal Training	Personal Training	Kids Class	
10:30 – 11:30am	Personal Training	Personal Training	Personal Training	Personal Training	Personal Training	Personal Training	B-Day Parties
Noon-1:00pm	Personal Training	Personal Training	Personal Training	Personal Training	Personal Training	TEAM dojang	special events
1:00 - 4:00pm	Personal Training	Personal Training	Personal Training	Personal Training	Personal Training	Youth Martial Arts	
4:00 – 5:00pm	Kids Class	Kids Class	Kids Class	Kids Class	Kids Class	2:00 – 5:00pm Personal Training & B-Day Parties	
5:00 - 6:00pm	Kids PT 30min.	Kids Class	Kids Class	Kids Class	Kids PT 30min.		
5:30 – 6:30pm	Youth Martial Arts				Youth Martial Arts		
6:00 – 7:00pm		Youth Martial Arts	Youth Martial Arts	Youth Martial Arts			
7:00 – 8:00pm	Adult Martial Arts	YOGA 1.5 Hr	Adult Martial Arts	YOGA 1.5 Hr			
8:15pm Specialty Class							